

# OF THE SEASON

It's beginning to feel a lot like Fall in Sonoma County! Along with crisp mornings and falling leaves, the flavors of Fall arrive with warmly spiced treats like pumpkin pies and cinnamon-laced apple cider. The chilly evenings call for hearty meals, and bring new appeal to roasted vegetables, creamy soups, and slow-cooked stews, each dish rich with earthy, savory flavors. Whether it's baking pies or simmering stews, it's the season to embrace the cozy, earthy flavors of Autumn's bounty.



# OLIVER'S OWN PUMPKIN PIE \$16.99

9 Inch Pie.

# OLIVER'S OWN CRANBERRY ORANGE LOAF \$6.99

Moist and sweet with a bit of tang! 1 Lb., 3 oz. Loaf



# OLIVER'S OWN ORGANIC APPLE JUICE

32 oz. Bottle

\$4.29<sub>+crv</sub>



#### SUPER LUCKY ELEPHANT JASMINE RICE

5 Lb. Bag

\$5.99



# CADIA ORGANIC BROTH

Selected Varieties. 32 oz. Container

\$2.29



# SIMPLY ORGANIC CINNAMON STICKS

1.13 oz. Jar

\$3.99



#### MAPLE TREAT ORGANIC GRADE A MAPLE SYRUP

Dark or Amber. 12.7 oz. Bottle

\$6.49



# FARMERS MARKET ORGANIC PUMPKIN PUREE

15 oz. Can

\$2.49



# ISIGNY SAINTE-MÈRE 18 MONTH MIMOLETTE \$19.99/LB.

A cheese that's sure to stand out in a crowd, Mimolette steals the spotlight with its unique cantaloupe shape and striking orange paste. As the cheese ages, cheese mites gently nibble at the rind allowing for each wheel to aerate, allowing for layers of complexities from the cave to settle into each wheel. As the wheels age deeper flavors develop, leading to a flavor profile bursting with notes of butterscotch and caramel.



# OLIVER'S OWN BUTTERNUT SQUASH TURNOVERS \$2.99/EA.

"What a delightful snack these are. Perfect taste to fulfill that fall hunger. Flaky delicious puff pastry filled with roasted squash, caramelized onions, crumbled goat cheese, and just the perfect seasoning make this a fall delight. It makes a great lunch snack or pair it with our fantastic Fit Friendly Roasted Butternut Squash Salad and you've got a very fulfilling meal. Stop by the deli for a fun fall feature." – James Schwedhelm, Deli Coordinator



HORSE & PLOW FARMHOUSE CIDER

750 ml. Bottle

\$10.99<sub>+crv</sub>



# BLINDWOOD CIDER

Dry Apple or Ginger Peppercorn. 500 ml. Bottle

\$6.49+crv



#### SIDURI PINOT NOIR

2017, Anderson Valley. 750 ml. Bottle

\$17.99<sub>+crv</sub>



#### MARCO BONFANTE LA STELLA BARBERA D'ASTI

2021, Italy. 750 ml. Bottle

\$11.99<sub>+crv</sub>



#### LOCAL ORGANIC SUGAR PIE PUMPKINS \$1.29/LB.

Perfect for making your own pumpkin pie! Grown by Muelrath Ranches in Santa Rosa.



#### ORGANIC FRESH RED YAMS \$1.49/LB.

Enjoy it roasted with butter and herbs for a side dish! Grown in Atwater, California by Cash Corbin.



#### ORGANIC FRESH BUTTERNUT SQUASH \$1.29/LB.

Roast and purée for a butternut squash soup. Grown by Dwelly or Tutti Frutti in California.



# LOCAL ORGANIC DELICATA SQUASH \$1.99/LB.

Grown by Longer Table and Russian River Farms in Santa Rosa and Sebastopol via F.E.E.D. Cooperative.



# ORGANIC TANGY POMEGRANATES \$1.99/EA.

These juicy, vibrant gems are packed with flavor and nutrients! Grown by Homegrown in California.



# ORGANIC EARTHY PARSNIPS \$1.99/LB.

A versatile root vegetable that adds warmth and richness. Grown by Montecucco Farm in Oregon.



FRIDAY, SATURDAY & SUNDAY

# SUPPLY SUPPLY SOME EXCLUSIONS APPLY!

Real Food. Real People.

Get ready for cooler weather and winter wellness needs by stocking up on all your favorite vitamins, herbal supplements, and personal care. Whether you're looking for lotion to protect your skin from the cold weather, a new lipstick to mix up you makeup routine, or want to stock up your medicine cabinet to prepare for seasonal immune challenges, you'll save 25% off all your favorite products in the Wellness Department - including items already on sale! Come see us at the Oliver's Wellness Department where our well-educated staff know health and body care like the back of their well-moisturized hands.

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FRIDAY, SATURDAY & SUNDAY

#### HIMALAYA BOSWELLIA \$14.99

**60 Count Bottle** 

David Silpa Cotati Wellness Department Clerk



"This has been an amazing addition to my joint health protocol. I experienced greater ease of motion after just one day, and it's extremely gentle on my stomach. Definitely a new favorite!"



#### MICKELBERRY GARDENS HONEY PROPOLIS SOOTHING THROAT SPRAY \$10.99

2 oz. Spray Bottle

Debra Karnes
Cotati Wellness Department
Assistant Manager



"I have had such great results with this product! I first gifted a few friends with very sore throats; they raved about it. So I tried it. Must have a bottle in my purse at alll times now!"



# PARADISE HERBS IMPERIAL ADAPTOGEN \$19.99

**60 Count Bottle** 

Mikawira Laska Windsor Wellness Department Assistant Manager



"This is a smart formula based on herbs that have offered reliable results for thousands of years. Their stress-proof synergy helps me have buoyant, sustained energy and focus with no cortisol crash."



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FRIDAY, SATURDAY & SUNDAY

# NEW CHAPTER LEMON BALM FORCE \$22.99

30 Count Bottle

John Criffin Montecito Wellness Department Assistant Manager



"New Chapter's full-spectrum Lemon Balm Force extract provides a calm focus and lift in mood. I notice the effects in about half an hour after I take it. Perfect for everything from stressful days to pre-test jitters."



# NEW CHAPTER MAGNESIUM + ASHWAGANDHA \$17.99

30 Count Bottle

Hannah Vanderwork Windsor Wellness Department Manager



"With the perfect combination of Magnesium and Ashwagandha, this product has become an everyday staple for me! It helps me stay relaxed during moments of stress, recover from exercise, and ease into a restful night's sleep."





#### **RECOMMENDED BY**

Josh Kirchhoff, Corporate Wine & Liquor Coordinator

Prices good through October 31, 2024

# HUMBOLDT CIDER CO. CHERRY \$14.99<sub>+crv</sub>

4 Pack/16 oz. Cans "Pressing the majority of their apples on site, capturing the essence of the variety, Humboldt Cider's goal is to provide something for every palate. Eureka's finest!"



# HOLDAY MEAL

#### OUR MEAL INCLUDES:

- Medium Diestel Turkey
- Traditional Stuffing
- Mashed Potatoes
- Vegetable Medley
- Cranberry Sauce
- Turkey Gravy
- Pull-a-Part Rolls

#### JUST HEAT & SERVE

Online Ordering Opens Monday 10/28

starting at just...

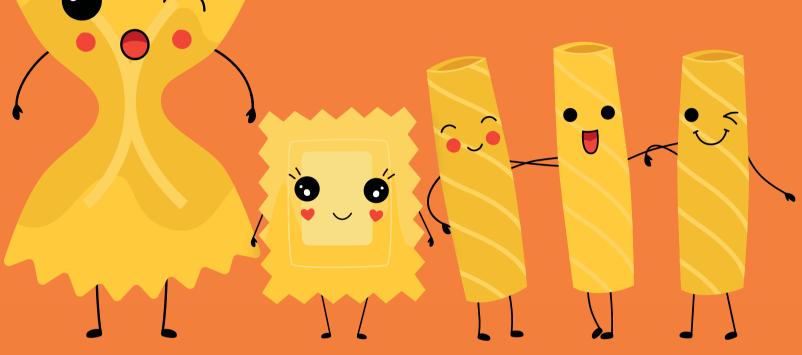


(WHILE SUPPLIES LAST)

#### SUPPORT REDWOOD EMPIRE FOOD BANK'S



# PROJECT PASTA



Through October, donate a package or two of dry pasta in the orange Redwood Empire Food Bank donation bins at the front of our stores. Focused food drives like Project Pasta help build their supply of most needed staples for ending hunger in our community.



Real Food. Real People.









# ROSIE AIR-CHILLED BONELESS SKINLESS CHICKEN BREASTS \$6.99/LB.

Local fresh chickens raised on a 100% USDA Certified Organic Vegetarian Diet and are Non-GMO Project Verified. Rosie Chickens are raised free range and with no antibiotics.



# FRESH WILD CAUGHT PETRALE SOLE FILLET \$14.99/LB.

This fish has a mild, sweet and delicate white meat. Season carefully so that you don't overpower the wonderful flavor and enjoy! USA. Sustainably rated Green.









# NIMAN RANCH BONE-IN PORK SHOULDER ROAST \$8.99/LB.

This wonderful roast is perfect slow roasted in the oven, smoker, or instapot. Season with your favorite spices and shred for pulled pork sandwiches or delicious taco filling.

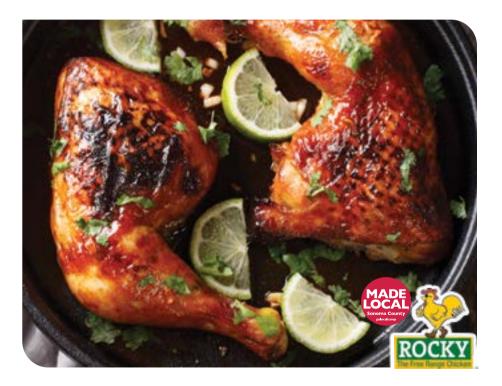


# OLIVER'S CHOICE 100% ANGUS TOP SIRLOIN STEAK \$8.99/LB.

Boasting a tender texture and meaty flavor! Grill, roast or pan-fry with butter and herbs. Enjoy it with a side of mashed potatoes and roasted veggies, or slice it thin and add it to a salad!







# ROCKY AIR-CHILLED CHICKEN WHOLE LEGS \$2.99/LB.

Locally raised without antibiotics and on a 100% vegetarian diet. Rocky Chickens are hatched and raised in and around Sonoma County.



# WILD CAUGHT 31 TO 35 COUNT GULF WHITE PRAWNS \$9.99/LB.

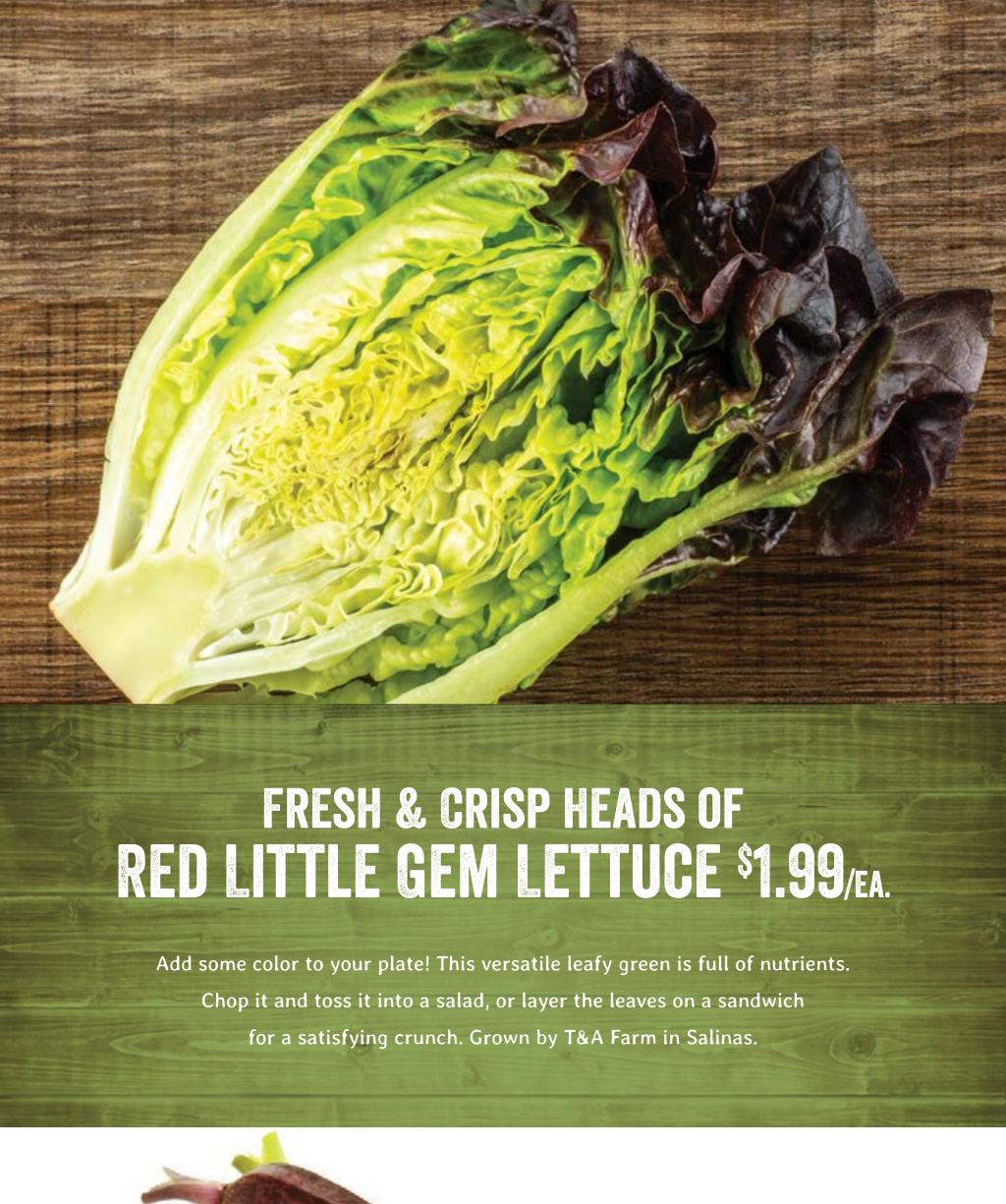
These prawns are great for skewering or adding to seafood dishes. Previously Frozen. USA. Sustainably rated Green.

These prices are good from October 23 through October 29, 2024 at Oliver's Market. Four locations to serve you in Sonoma County.

# FRESH SWEET BLOOD ORANGES \$2.99/LB.

Savor the vibrant, citrusy sweetness of these beauties! Perfect for juicing, snacking, or adding to salads and desserts, they bring a burst of color and zest to any dish. Grown by Dracula Farm in Australia.







# FRESH BABY BUNCHED FRENCH CARROTS \$1.69/EA.

Orange, Red and White Bunches.

These carrots are vibrant, tasty
and versatile! Grown by Bebe Farms
in Santa Maria, California.



# FRESH SWEET JUICI APPLES \$1.69/LB.

This new crop boasts a rich, dark red color, crisp texture and juicy sweet flavor. Great for snacking! Grown in Washington.



# FRESH ORGANIC BRUSSELS SPROUTS \$3.99/LB.

Perfect for roasting, sautéing, or steaming! Enjoy the mild nutty flavor and crisp texture. Grown in California by Creekside Farm.



### ORGANIC GIRL SALAD MIXES \$3.29/EA.

5 oz. Package. Selected Varieties including Arugula, Spinach, Spinach/Arugula, Spring Mix, & 50/50.



# LOCAL ORGANIC CHERRY TOMATOES \$5.99/lb.

Last of the season! These are perfect for snacking on or tossing into a salad. Grown by Windrift in Petaluma via FEED Cooperative.

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# BLACK OAK COFFEE ROASTERS COFFEE \$9.99

Selected Varieties. 12 oz. Package

Wake up and smell the coffee! Start off your morning with a fresh cup of coffee. Whether you enjoy lattes, cappuccinos or the classic Americano, Black Oak's selection of coffee beans is sure to satisfy!





# BOB'S RED MILL OAT BARS 10 FOR \$10

Selected Varieties. 1.76 oz. Bar

Wholesome and delicious, made with whole grain oats, peanut butter and organic honey.



## ARTISAN BAKERS ORGANIC BREAD

Selected Varieties. 24 oz. Loaf

\$4.99



#### **S&W TOMATOES**

Selected Varieties. 14.5 oz. Can

2 FOR \$3



SALAD DRESSING

Selected Varieties. 16 oz. Bottle

2 FOR \$7



#### **PROGRESSO SOUP**

Selected Varieties. 18-19 oz. Can

2 FOR \$5



#### **RAO'S SOUP**

Selected Varieties. 16 oz. Jar

\$3.49



5 oz. Can

2 FOR \$3



## PATAGONIA PROVISIONS MACKEREL

Selected Varieties. 4.2 oz. Can

\$3.99



#### MIKE'S MIGHTY GOOD RAMEN CUP

Selected Varieties. 1.7-1.9 oz. Cup

\$1.99



## GOODLES MAC & CHEESE

Selected Varieties. 5.25-6 oz. Box

\$2.49



#### NO YOLKS EGG WHITE PASTA

Selected Varieties. 12 oz. Package

\$1.99



#### LA FORTALEZA TORTILLA CHIPS

14 oz. Bag

\$2.29



# LATE JULY ORGANIC TORTILLA CHIPS

Selected Varieties.

10.1 oz. Bag

\$2.99



# LESSER EVIL POPCORN

Selected Varieties. 4.6 oz. Bag

\$2.49



# DR. BRONNER'S ORGANIC CHOCOLATE BARS

Selected Varieties. 2.93 oz. Bar

\$2.99



#### QUAKER INSTANT OATMEAL

Selected Varieties. 8-10 Count Package

2 FOR \$7



# CHEERIOS OR HONEY NUT CHEERIOS

Selected Varieties. 8.9-10.8 oz. Package

2 FOR \$7



### PURELY ELIZABETH CEREAL

Selected Varieties.
11 oz. Box

\$4.99



#### NUMI ORGANIC TEA

Selected Varieties.
18 Count Box

\$3.99



### SPINDRIFT SPARKLING FLAVORED WATER

Selected Varieties. 8 Pack/12 oz. Cans

\$5.99<sub>+crv</sub>



#### BETTER BOOCH KOMBUCHA

Selected Varieties. 12 oz. Can

\$1.99+crv



#### VITA COCO COCONUT WATER

33.8 oz. Bottle

\$3.49



# ANGEL SOFT BATHROOM TISSUE

8 Count Mega Roll

\$7.49



### **GREEN 2 TREE-FREE FACIAL TISSUE**

90 Count Box

\$1.29



# THE HONEST KITCHEN DOG TREATS

Selected Varieties. 2.75-4 oz. Bag

\$9.49



#### CLOVER SONOMA ORGANIC SHREDDED CHEESE

Selected Varieties. 6 oz. Package

\$3.99



#### RUMIANO FAMILY ORGANIC GRASSFED BUTTER

Selected Varieties. 8 oz. Package

\$3.99



# TRUE STORY ORGANIC CHICKEN OR TURKEY BREAST

Selected Varieties.

6 oz. Package

\$8.49



# TOFUTTI DAIRY FREE CREAM CHEESE

8 oz. Container

\$2.49





#### SUN TROPICS NECTAR

Selected Varieties. 64 oz. Carton

\$3.29



#### GREEK GODS YOGURT

Selected Varieties. 24 oz. Container

\$3.49



# GROWN IN IDAHO FROZEN FRENCH FRIES

Selected Varieties. 24-28 oz. Package

\$3.99



#### EGGO FROZEN WAFFLES

Selected Varieties. 10.75-12.3 oz. Package

\$2.79



#### MAEDA-EN MOCHI ICE CREAM

Selected Varieties.
6 Count Package

\$4.99



# CASCADIAN FARM ORGANIC FROZEN FRUIT

Selected Varieties. 28-32 oz. Bag

\$11.99



#### QUORN [MEATLESS] MEATS

Selected Varieties. 9.7-12 oz. Package

\$4.79

#### **BULK SAVINGS**



# ORGANIC CRANBERRIES \$3.99/LB.

Available in our Bulk Foods Department.



# ORGANIC GARBANZO BEANS \$2.29/LB.

Available in our Bulk Foods Department.

#### **WELLNESS SPECIALS**



# NATURAL FACTORS CRANRICH \$13.99

500 mg. 90 Count Bottle.

"High-quality, third-party certified supplements for gut and urinary health."



#### NATURAL FACTORS SENIOR'S ULTIMATE PROBIOTIC

30 Count Bottle

\$18.99



# NATURAL FACTORS CRITICAL CARE ULTIMATE PROBIOTIC

30 Count Bottle

\$25.99



#### NATURAL FACTORS 12/12 FORMULA ULTIMATE PROBIOTIC

60 Count Bottle

\$18.99



# KALTBACH LE GREWEUX \$17.99/LB.

"A Swiss Alpine style aged just 5 months with a melt-inyour-mouth, custard-like consistency and notes brown butter and roasted nuts on the palate. The savory flavor and cream enriched semi-soft texture make it an ideal melting cheese in your fall-time dishes."







# FOURME D'AMBERT \$13.99/LB.

One of France's oldest cheeses, Fourme d'Ambert is a semi-soft blue cheese with a sweet, mellow, and slightly earthy flavor profile. Its fudgy texture, vibrant blue veining and balanced flavor profile makes it a perfect cheese to serve on your next charcuterie board, melted on red meat, or incorporated into stuffed mushrooms.

# LESLEY STOWE RAINCOAST CRISPS \$5.99/EA.

Selected Varieties. 5.3 oz. Package.

In a perfect marriage of sweet and salty, crisp slices of artisan bread are flavored with plump dried fruits, nuts, and a hint of spice to make these unique and addictive crackers. These signature crisps are great to nibble on their own, but they really shine when topped with your favorite cheese.



# OLIVER'S OWN BUTTERNUT SQUASH TURNOVERS \$2.99/EA.



"What a delightful snack these are. Perfect taste to fullfil that fall hunger. Flaky delicious puff pastry filled with roasted squash, caramalized onions, crumbled goat cheese, and just the perfect seasoning make this a fall delight. Makes a great lunch snack or pair it with our fantastic Fit Friendly Roasted Butternut Squash Salad and you've got a very fullfilling meal. Stop by the deli for a fun fall feature."





# OLIVER'S OWN ROASTED ROOT VEGETABLE SALAD \$5.99/lb.

Delight in the hearty, earthy flavors and vibrant, rich colors of this fall salad! Enjoy it as a side with any meal.



# OLIVER'S OWN BAKED HAM \$12.99/LB.

Found in our full-service Chef's Case.

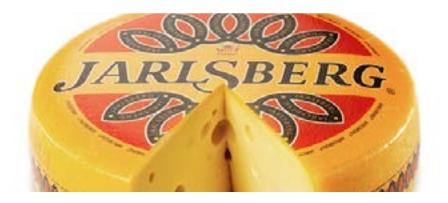
Enjoy the smoky, slightly sweet flavor of this tender ham!



# OLIVER'S OWN BUTTERNUT PEAR SOUP \$10.99/EA.

32 oz. Found in our self-service Grab & Go.

16 OZ. \$5.99



# IMPORTED JARLSBERG CHEESE \$12.99/lb.

Found in our full-service Chef's Case.

This versatile cheese has a mild, sweet and nutty taste.

# OLIVER'S OWN PUMPKIN CHEESECAKE \$25.99/EA.

6 Inch Cake.

Pumpkin cheesecake is a rich, creamy dessert combining the flavors of spiced pumpkin and smooth cheesecake. It's perfect for autumn, offering cozy, festive sweetness.







Selected Varieties. 10.5 oz. Package. Grab a couple of these on the way to work or school for a tasty treat!



TRUE DELICIOUS BISCOTTI \$7.99/EA.

Selected Varieties. 6 oz. Package. Biscotti is the perfect companion to your morning coffee or afternoon tea.



# ABE'S VEGAN CUPCAKES \$5.99/EA.

Vanilla or Chocolate. 12 Count Package. Vegan and allergy-friendly, these are great for school-friendly celebrations!

These prices are good from October 23 through October 29, 2024 at Oliver's Market. Four locations to serve you in Sonoma County.



### FOPPIANO

"Built on an immense legacy and good-old-fashioned hard work, Foppiano has been committed to the art of growing grapes and making wine since the estate was founded on the banks of the Russian River in 1896. We are a family epic built on tradition, perseverance, and contributions to the history of Sonoma County and the wine industry."

# FOPPIANO VALLEY SAUVIGNON BLANC \$14.99+crv

2023, Russian River Valley. 750 ml. Bottle

#### FOPPIANO 1896 CALIFORNIA RED BLEND \$9.99<sub>+crv</sub>

2021, California. 750 ml. Bottle

# FOPPIANO CHARDONNAY \$14.99+crv

2022, Russian River Valley. 750 ml. Bottle







# SIDURI PINOT NOIR \$17.99+crv

2017, Anderson Valley. 750 ml. Bottle

"Our winemaking goal is to produce Pinot
Noir that best captures the distinct flavor
and character of a given vineyard site and
region. To that end, we focus on Pinot Noir,
and source only from vineyards
that provide us with exceptional fruit."



#### TORRESELLA PROSECCO

Non-Vintage, Italy. 750 ml. Bottle

\$11.99<sub>+crv</sub>



# ATMOSPHERE CABERNET FRANC

2021, Chinon.750 ml. Bottle

\$10.99<sub>+crv</sub>



#### TRIENNES ROSE

2023, Provence. 750 ml. Bottle

\$14.99<sub>+crv</sub>

#### **OLIVER'S MARKET SPIRIT FEATURE OF THE WEEK**

# SUNTORY-196 CANNED COCKTAILS \$9.99+crv

Selected Varieties. 4 Pack/12 oz. Cans

12 07. CAN \$2.49+crv

"Inspired by Suntory's #1 best selling seltzer in Japan. Our unique real taste is made for those who aren't afraid to stand out because they know that the best moments in life happen when you put your whole self into it.... Rind and all.."





JACK DANIEL'S WHISKEY

750 ml. Bottle \$17.99 +crv





#### SONOMA COAST SPIRITS

Lemon Drop or Cranberry Vodka. 375 ml. Bottle

\$10.99+crv



RAIN VODKA 1.75 Liter Bottle

\$16.99+crv



MILAGRO SILVER TEQUILA

750 ml. Bottle

\$24.99+crv

# COOPERAGE SNACKS ON SNACKS HAZY IPA \$14.99+crv

4 Pack/16 oz. Cans

"Brewed using Citra hops from the Pacific Northwest and Wai-iti hops from New Zealand. Peaches, ripe apricots, and citrus notes are found throughout. It has an ABV of 6.8%."

# COOPERAGE CULTIVATING MASS IMPERIAL STOUT \$18.99<sub>+crv</sub>

4 Pack/16 oz. Cans

"Awarded the Gold Medal at the 2018 World Beer Cup.

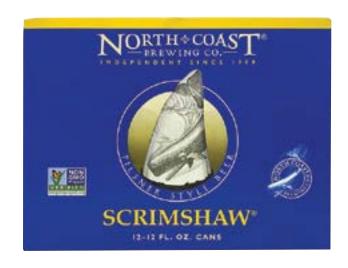
This full-bodied, dark ale features prominent notes of chocolate and coffee, with an ABV of 10%."





# LOST COAST BREWING IPA OR PILZ \$11.99<sub>+crv</sub>

Selected Varieties. 12 Pack/12 oz. Cans



# NORTH COAST BREWING CO. \$17.99<sub>+crv</sub>

Selected Varieties. 12 Pack/12 oz. Bottles or Cans



#### SIERRA NEVADA BREWING CO.

Selected Varieties. 12 Pack/12 oz. Bottles or Cans

\$18.99<sub>+cr</sub>



#### MODELO ESPECIAL

6 Pack/12 oz. Bottles or Cans

\$8.99<sub>+crv</sub>



#### SUDWERK THE PEOPLE'S PILSNER

6 Pack/12 oz. Cans

\$9.99<sub>+crv</sub>



#### ANDERSON VALLEY BREWING CO.

Selected Varieties. 6 Pack/12 oz. Cans

\$8.99



#### OFFSHOOT RELAX HAZY IPA

4 Pack/16 oz. Cans

\$12.99<sub>+crv</sub>



### TWO PITCHERS BREWING CO.

Selected Varieties. 6 Pack/12 oz. Cans

\$9.99<sub>+crv</sub>



#### WHITE CLAW HARD SELTZER

Selected Varieties. 12 Pack/12 oz. Cans

\$18.99<sub>+crv</sub>



#### ATHLETIC BREWING CO. NON-ALCOHOLIC BEER

Selected Varieties. 6 Pack/12 oz. Cans

\$9.99<sub>+crv</sub>

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546 E. Cotati Avenue Cotati • 795-9501 560 Montecito Center Santa Rosa • 537-7123 461 Stony Point Road Santa Rosa • 284-3530 9230 Old Redwood Highway Windsor • 687-2050